



## Global Rating of Change Scale

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Overall, has there been any change in your symptoms or function since you started this physical therapy program – are you better?

Please indicate if there has been any change in your symptoms/function by choosing one of the following options (circle one):

1. Better
2. Worse
3. About the same

If your symptoms/function are **better**, are they... (circle one)

1. Almost the same, hardly any better at all
2. A little better
3. Somewhat better
4. Moderately better
5. A good deal better
6. A great deal better
7. A very great deal better

If your symptoms/function are **worse**, are they... (circle one)

1. Almost the same, hardly any worse at all
2. A little worse
3. Somewhat worse
4. Moderately worse
5. A good deal worse
6. A great deal worse
7. A very great deal worse

The change score for the Global Rating of Change Scale (MCID) is 0.5 scale points, measured using the Chronic Respiratory Questionnaire<sup>160</sup>.